

ARMY RECRUITING OFFICE PATIALA

**ARMY RECRUITMENT RALLY AT 1 ADSR GROUNDS (OPPOSITE FLYING CLUB,
PATIALA-SANGRUR ROAD), PATIALA**
06 AUG 2021 TO 20 AUG 2021

ONLINE REGISTRATION IS MANDATORY AND WILL BE OPEN FROM
06 JUN 2021 TO 20 JUL 2021

1. Army Recruitment Rally will be held for eligible candidates from districts of Fatehgarh Sahib, Barnala, Mansa, Sangrur and Patiala (Punjab) from 06 Aug 2021 to 20 Aug 2021 at 1 ADSR grounds (Opposite Flying Club, Patiala-Sangrur Road), Patiala. Gates will be opened by 0400hrs and closed by 0900hrs on each day. Online registration is mandatory and will be open from 06 Jun 2021 to 20 Jul 2021. Admit Cards for the rally will be sent through registered e-mail from **21 Jul 2021 to 05 Aug 2021**. Candidates should be reached at the venue on given date and time as mentioned in the Admit Card.

2. Candidates will be screened for following **Categories** and as per **Qualitative Requirements** mentioned below. The weight standards will be as per latest medical policy issued vide Para 55 of IHQ of MoD (Army) Dte Gen of Medical Service letter No 76054/Policy/DGMS-5A dt 16 Jul 2019 :-

Category	Age (Years)	Born Between (Both dates inclusive)	Minimum Physical QR			Education QR
			Height (Cms)	Weight (Kgs)	Chest (Cms)	
(a)	(b)	(c)	(d)	(e)	(f)	(g)
Soldier (General Duty) (All Arms)	17½ to 21 Yrs	1 Oct 2000 to 01 Apr 2004	170	Minimum - 52 Kg 17 ½ to 20 Yrs -63.6Kg 20+01 days to -66.5Kg 21 Yrs	77 (+ 5 CM Expansion	Class 10 th /Matric pass with 45% marks in aggregate and 33% in each subject. For Boards following grading system of D Grade (33%-40%) in indl subjects or equivalent of grade which contains 33% and overall aggregate in C2 grade or equivalent corresponding to 45% in aggregate. <u>FOR GORKHAS (NEPALESE AND INDIAN)</u> Class 10 th Pass
Soldier Technical	17½ to 23 Yrs	1 Oct 1998 to 01 Apr 2004	170	Minimum - 52 Kg 17 ½ to 20 Yrs -63.6Kg 20+01 days to -66.5Kg 23 Yrs	77 (+ 5 CM expansion	10+2/Intermediate Exam Pass in Science with Physics, Chemistry, Maths and English with min 50% marks in aggregate and 40% in each subject.
Soldier Nursing Assistant (AMC)	17½ to 23 Yrs	1 Oct 1998 to 01 Apr 2004	170	Minimum - 52 Kg 17 ½ to 20 Yrs -63.6 Kg 20+01 days to - 66.5 Kg 23 Yrs	77 (+ 5 CM expansion	10+2/Intermediate Exam Pass in Science with Physics, Chemistry, Biology and English with minimum 50% marks in aggregate and minimum 40% in each subject. (Or) 10+2/Intermediate Exam Pass in Science with Physics, Chemistry, Botany, Zoology and English with 50% marks in aggregate and 40% in each subject.

Category	Age (Years)	Born Between (Both dates inclusive)	Minimum Physical QR			Education QR
			Height (Cms)	Weight (Kgs)	Chest (Cms)	
(a)	(b)	(c)	(d)	(e)	(f)	(g)
Soldier Clerk/ Store Keeper Technical	17½ to 23 Yrs	1 Oct 1998 to 01 Apr 2004	162	Minimum - 47.2 Kg 17 ½ to 20 Yrs - 57.7Kg 20+01 days to - 60.4Kg 23 Yrs	77 (+ 5 CM expansion)	10+2/Intermediate Exam Pass in any stream (Arts, Commerce and Science) with 60% marks in aggregate and minimum 50% in each subject. Securing 50% in English and Maths/ Accounts/ Book Keeping in Class 12 th is mandatory.

Note :- Education certificates issued by Education board affiliated to /listed by COBSE, AICTE, CBSE and NIOS only be considered.

Special Instructions- Physical Standards

1. Applicants hailing from Kandi Area are eligible for following relaxation in physical standards subject to producing Kandi Area Certificate signed by SDM. No manual cert will be accepted:-

- (a) **Height** (b) Weight- 47.8 KG (c) Chest- 77 Cms
 (i) Sol GD & Sol Tech - 163 Cms
 (ii) Sol Clk/SKT - 162 Cms

Special Physical Standards (As applicable)

Class/Category	Height (Cms)	Weight (Kgs)	Chest (Cms)
Gorkhas both Nepalese and Indian	157	44.4	77(+ 5 CM Expansion)

Relaxation in Physical Standards @

Category	Height (Cms)	Weight (Kgs)	Chest (Cms)
Sons of Servicemen (SOS/Ex-Servicemen (SOEX)/ War Widows(SOWW)/Widows of Ex Servicemen.	2	1	2
Adopted Son/Son-in-Law of a War Widow, if she has no son including a legally adopted son of Serving Soldier/Ex-Servicemen.	2	1	2
Outstanding Sportsmen. Represented India at the International Level	2	3	5
Represented State at the Senior/Junior National level and have won any medal in individual event or have reached upto eighth posn in Team event			
Represented College/ University in Inter University Championship and have won any medal in individual event or have reached upto sixth posn in the Team event.			
Represented State at National Level in Khelo India Games and have won any medal in individual event or have reached upto sixth posn in the Team event			
Represented Dist at the State Level and have won any medal in individual event or have reached upto fourth posn in the Team event.			
Represented the State school team in the event org by All India School Games Federation and have won any medal in individual event or upto sixth posn in the Team event			

@ Note- Relaxation in Physical Standards is either for wards of servicemen/ex-servicemen or sportsmen (not both) and is in addition to the Special Physical Standards.

(b) The sports certificate issued by authorized sports federations are valid for three years from the issued date as on first day of the recruitment rally, for which the candidate is being screened.

3. Candidates will be tested as stated below:-

<u>Physical Fitness test (At Rally Site)</u>						
<u>1.6 Km Run</u>		<u>Beam (Pull Ups)</u>		<u>9 Feet Ditch</u>	<u>Zig -Zag Balance</u>	<u>Remarks</u>
Group	Marks	Pull Ups	Marks	Need to Qualify	Need to Qualify	(a) Provision for extra time for 1.6 KM run in Hilly Terrain is as follows :- (i) Between 5000 Ft to 9000 Ft add 30 Seconds to all timings. (ii) Between 9000 Ft to 13000 Ft add 120 Seconds to all timings.
Group I- Up till 5 Min 30 Sec	60	10	40			
Group II – 5 Min 31 Sec to 5 Min 45 Sec	48	9	33			
		8	27			
		7	21			
		6	16			
<u>Physical Measurement (At Rally Site)</u>						
Physical Measurements will be carried out as per the Physical Standards listed at para 2 above.						
<u>Medical Test</u>						
(a) As per laid down medical standards at the rally Site.						
(b) Unfit candidates will be referred to MH/CH/BH for specialist review. Candidates referred for specialist review should present themselves to the nominated MH/CH/BH within on 5 th day from date of generation of medical review barring Sunday/Closed Holiday and report back to ARO for issue of Admit Card for CEE, in case declared FIT.						

Written Test through Common Entrance Examination (CEE)

- (a) Will be conducted for medically fit candidates at nominated venue. Location, date and time of Written test will be intimated at rally site and through Admit cards.
- (b) Admit Card for the CEE for the rally fit candidates will be issued at rally Site itself.
- (c) Admit Card for the CEE for Relaxation candidate (i.e. Relationship/ Sports/ NCC candidates) will be issued after verification from issuing authority.
- (d) Admit Card for the CEE for review fit cases will be issued after getting medically fit by concerned specialist/specialist at MH/CH/BH.

4. Candidates are required to bring following documents/certificate in original with two attested photocopies with them to the rally site :-

- (a) **Admit Card.** Printed on Laser Printer on good quality paper (DO not shrink the size).
- (b) **Photograph.** Twenty copies of unattested passport size colour photographs developed on good quality photographic paper in white background not more than three month old. Computerized/photo shopped photographs will **NOT be** accepted.
- (c) **Education Certificates.**
- (i) Education certificates with marks sheet of all educational qualifications achieved by candidates i.e. Matric/Intermediate/Graduation etc from recognized School / College /Board / University. Degree holder candidate will produce Provisional/Original Degree issued by University.
- (ii) Provisional/ online education certificate should be certified ink signed by the head of the educational institution of concerned Board/ University.
- (iii) Candidates with matric certificate from **Open School should bring School Leaving Certificate countersigned by BEO/ DEO.**
- (d) **Domicile Certificate.** Domicile Certificate with photograph issued by Tehsildar/District Magistrate. **Only computer generated Nativity Certificate which can be verified from Govt website will be acceptable.**
- (e) **Caste Certificate.** Caste Certificate affixed with photograph of the candidate issued by the Tehsildar/District Magistrate. **Only computer generated Nativity Certificate which can be verified from Govt website will be acceptable.**
- (f) **Religion Certificate.** Religion certificate issued by the Tehsildar/SDM. (If religion as 'SIKH/HINDU/MUSLIM/CHRISTIAN' is not mentioned in caste certificate).
- (g) **Kandi Area Certificate.** Kandi area certificate issued by SDM. (if applicable).
- (h) **DOGRA Community Certificate.** DOGRA community Certificate issued by Tahsilder. (If applicable).
- (j) **School Character Certificate.** School Character Certificate issued by the School/College Principal/Headmaster.
- (k) **Character Certificate.** Character Certificate with photograph issued by Village Sarpanch/Municipal Corporation **within last six months.**
- (l) **Unmarried Certificate.** Unmarried Certificate for candidates less than 21 years of age with photograph issued by Village Sarpanch/Municipal Corporation **within last six months.**

(m) **Relationship Certificate.** SOS/ SOEX/ SOW/ SOWW Candidates are required to produce the following documents:-

(i) Relationship certificate issued from respective Record Office only duly signed by Record Officer with Personal number, Rank, Name and particular of the Record Officer issuing the Relationship Certificate with office seal/stamp is endorsed. In addition the candidate with also submit an affidavit duly affixed with joint photograph stating the relationship affirmed before a 1st Class Judicial Magistrate or notary. Format of affidavit attached as per **Appendix 'A'**.

(ii) A declaration to the affect as mentioned in the Affidavit on Ten Rupees Non-Judicial Stamp paper prepared by the ESM duly signed by 1st Class/ Executive/ Judicial Magistrate is required to be submitted by the candidate at rally site. Format of affidavit attached as per **Appendix 'B'**.

(iii) Original Discharge Book of Ex-Serviceman also to be produced. Name and date of birth of the candidate must have been recorded in it.

(n) **NCC Certificate.** NCC A/B/C certificates and Republic Day Parade certificate should have photograph of the candidate duly attested by issuing authority. Provisional NCC A/B/C pass certificates will only be accepted if authenticated by concerned NCC Group Commanders. However, the candidate has to produce the original certificate well before CEE to enable verification of the original certificate.

(p) **Sports Certificate**

(i) The Sports certificates issued by authorised sports federations are valid for three years from the issue date as on first day of the recruitment rally for which the candidates is screened. For list of sports under which relaxation in physical standards is admissible, attention is invited to www.joinindianarmy.nic.in website.

(ii) Sports certificates should be with registration number and from Govt recognised sports institutes/ bodies as under:-

<u>Level</u>	<u>Marks</u>	<u>Authorised Sports Federation for Issue of Sports certificate</u>	<u>Category</u>
Represented India at the International Level	20	Accredited Sports Federation of India respective sport that has fielded the indl/ team to represent India	
Represented State at the Senior/Junior National level and have won any medal in individual event or have reached upto eighth posn in Team event	15	National Sports Federation of the respective sports as recognized by the Min of Youth Affairs & Sports	
Represented College/ University in Inter University Championship and have won any medal in individual event or have reached upto sixth posn in the Team event.	10	Inter University Sports Board	Sol GD (All Arms) Sol Tech
Represented State at National Level in Khelo India Games and have won any medal in individual event or have reached upto sixth posn in the Team event	10	National Sports Federation of the respective Sports/ Sports Authority of India as recognized by the Min of Youth Affairs & Sports	Sol NA (AMC) Sol Cik/SKT
Represented Dist at the State Level and have won any medal in individual event or have reached upto fourth posn in the Team event.	05	Respective State Sports Federation as recognized by state sport ministry.	
Represented the State school team in the event org by All India School Games Federation and have won any medal in individual event or upto sixth posn in the Team event	05	All India School Games Federation	

(q) **Affidavit**. Duly signed by candidate on Rs 10/- Non-judicial Stamp Paper as per specimen duly attested by notary will be submitted by candidate. Format of affidavit attached as per **Appendix 'B'**.

(r) **Single Bank A/C, PAN Card & AADHAR Card**. Single Bank A/C, PAN Card & Aadhar Card are mandatory documents for final enrolment for purpose of Pay & allowances and other social benefits scheme.

5. **Precautionary Anti COVID Measures and Requisite Documents at Rally Site.**

(a) Candidates will have **Aarogya Setu Application** installed in their phones prior to leaving home station for rally. Screen shot of having green status on the said application will be taken prior to leaving and the same will be checked on the cell phone of the candidate at the rally site.

(b) Candidates will preferably not travel from any containment Zones.

(c) Candidates are advised to carry adequate personal **facemasks, hand gloves, hand Sanitizer and water bottle for the rally**.

(d) Candidates having any symptoms related to COVID-19 are advised not to move from his home station.

(e) Candidate will be returned back if symptoms like fever, cold, cough & running nose are detected at the rally site.

(f) **COVID-19 Free/Asymptomatic Certificate**. All candidates attending the rally will undergo a **mandatory health check at a Government Hospital 48 hours before the date of the screening in the rally** and will get a certificate stating that the individual is not suffering from COVID-19. Format of medical certificate attached as per **Appendix 'C'**.

(g) **NO Risk Certificate**. At the rally venue, the candidate should also bring no risk certificate duly signed by him and countersigned by parents/Guardian. Format of no risk certificate attached as per **Appendix 'D'**.

(h) **DO's and DON'Ts while in recruitment rally: -**

(i) Wear mask at all the time and before putting on mask, clean with soap and water. Replace mask with a new one as soon as it is damp and do not re-use single use mask.

(ii) Regularly and thoroughly clean your hands with soap and water during verification of documents and prior to appearing for the tests. The same will be available at site.

(iii) Maintain social distancing as per government orders amongst each other. Don't touch your body parts on any surface unnecessarily.

(iv) Maintain good respiratory hygiene i.e. cover your mouth and nose with tissue paper during cough or sneeze. Then dispose-off the used tissue immediately in the covered dustbin and wash your hand with soap and water.

(v) Inform and seek immediate medical attention in case of fever, cough and difficulty in breathing.

(j) **COVID-19 Vaccination Certificate**. All the candidates attending the rally who have been vaccinated of all doses of COVID-19 Vaccine and should get golden card/concerned documents/certificate **"It is certified that Mr _____ S/o _____ has been vaccinated all doses of COVID-19 vaccine on date ____ 2021"** duly signed by the Doctor of Government Hospital.

6. **Special Instructions.**

- (a) Sikh candidates should bring 20 photographs in turban & 20 photographs without turban.
- (b) Full postal address to include post office, police station and pin code and class/caste to be mentioned in the affidavit.
- (c) Individual must to bring their AADHAR Card and PAN Card for recruitment rally.
- (d) Vocational stream of 10+2 is not yet recognized as equivalent of intermediates.

Important Instructions

7. **Administration.** Candidates are advised to bring sufficient eatables and drinking water with them since recruitment is a time consuming process.

8. **Candidates will be permitted entry into the rally site only on production of Admit Card in duplicate generated online through the official website www.joinindianarmy.nic.in. Anyone found with fake admit card will be handed over to Civil Police.**

9. Recruitment into the army is a free service. Candidates are advised not to pay bribe to anyone for recruitment as it is based purely on merit. Selection process during recruitment at all stages is computerised and transparent. Therefore, candidates are advised to be beware of touts as they cannot help them at any stage.

10. Candidates are advised to check their age & education criteria before participating in the rally. Candidates found under age/overage and not meeting education criteria will be disqualified.

11. Giving/taking bribe, production of bogus/fake certificates and indulging in unfair means is a criminal offence and liable for punishment under law.

12. Certificates with overwriting, tampering of seals or erasing/alternation of any type will not be accepted.

13. All documents submitted by the candidates are verified by government agencies before enrolment into Army. Strong legal action will be taken against individuals submitting fake documents. Even after recruitment, the service will be terminated if candidates are found to have produced fake documents or gave wrong information at the time of recruitment, despite the number of years of service individual may have rendered.

14. No compensation for Death/injury/loss etc during the rally and no traveling allowance/dearness allowance for journey is admissible. Candidates will participate in the rally at their own risk and the participation is totally and entirely voluntary. The signing of Indemnity Bond is a mandatory requirement.

15. **Use of Performance Enhancing Drugs.** Use of any kind of performance enhancing drugs is strictly banned. Candidates having been found to have used the same will be debarred from further screening.

16. **Tattoo.** Permanent body tattoos are only permitted on inner face of forearms i.e. from inside of elbow to the wrist and on the reverse side of palm/back (dorsal) side of hand. Permanent body tattoos on any other part of the body are not acceptable and candidates will be barred from further selection.

17. If 180 days or more lapse between screening medical at the rally and dispatch, medical will be done again and unfit candidates in this review will not be recruited.

18. Selection is provisional till Rahdari Certificate is issued and candidates are dispatched for training.

19. Mobile phones are not permitting in the rally site and at the time of the CEE.

20. Candidates are advised in their own interest to undergo medical exam before coming for selection especially with respect to flat foot, poor vision, deformities and physical measurements. All are advised to ensure that their ears are free of wax by getting it cleaned by a doctor prior to the rally.
21. Candidates may have to present themselves at rally site for three to four days. Candidates should make arrangements for stay under their own arrangements.
22. Negative marking would be applicable in CEE.
23. Result of written examination will be declared on the official website www.joinindianarmy.nic.in. No separate letter will be sent to the candidate. It is responsibility of candidate to check his result and report to ARO for documentation.
24. For more details, contact on our Help Line Number - **0175-2300013**.

Disclaimer The terms and conditions, given in the notification and on the website are subject to change and should, therefore, be treated as guidelines only. In case of any ambiguity, the existing policies, rules and regulations of Indian Army/ Government of India will be final. Details are not available on website www.indianarmy.nic.in.

Station: c/o 56 APO

Dated : 13 Apr 2021

Sd/-x-x-x
(RR Chandel)
Col
Dir Rtg

Appendix 'A'

{Refer Para 4(m) (i) of Rally Notification}

FORMAT FOR AFFIDAVIT**NON JUDICIAL STAMP PAPER FOR RUPEES TEN ONLY**

JOINT PHOTOGRAPH OF CANDIDATE WITH
FATHER / MOTHER / BROTHER SELF ATTESTED
BY FATHER / MOTHER / BROTHER (AS THE CASE
MAY BE)

1. I, No _____ Rank _____ Name _____ of _____ (Unit) hereby declare that _____ (Candidates Name) s/o _____ (Father's Name) and _____ (Mother's Name) whose photograph is affixed above is my son / real brother.

2. Date of Birth of _____ (Candidate's Name) is _____ as per the Birth Certificate No _____ issued by _____ (Issuing Authority) and as recorded in the Matriculation Certificate No _____ issued by _____ Education Board.

3. I undertake that I am liable to be punished under Army Act if the declaration made by me at paragraph 1 and 2 above are found to be incorrect / false at any stage besides candidature of my son / brother will be cancelled by the Military Authority.

Date :

(Signature of Serving Soldier / Ex-Servicemen)
(Army No, Rank, Name &Unit)

Appendix 'B'

{Refer Paras 4(m)(ii) of Rally Notification}

AFFIDAVIT
(NON JUDICIAL STAMP PAPER)

1. I, Name _____ Son of _____ while applying for enrolment in Army solemnly affirm & state the following in my respect :-

Passport size
photo of
candidate
3.5x4.5 cm

(a) I belong to the following Caste/ Religion :-
Caste _____ Sub Caste _____ Religion _____

(b) My Residential Addresses are as under :-

(i) **Permanent Home Address.**

Father's Name _____ House No _____
Vill/Mohalla _____ PO _____
Tehsil _____ Dist _____
State _____ PIN _____

(ii) **Postal Address.**

Father's Name _____ House No _____
Vill/Mohalla _____ PO _____
Tehsil _____ Dist _____
State _____ PIN _____

(iii) I fully understand stand that if enrolled, a detailed verification of my character and antecedents will be carried out by police and civil administration from my permanent address submitted above and also places where I have resided in the last five years.

(iv) My places of residence in the last five years are as stated under :-

S No	From	To	Residential address in full i.e House Number, Lane/Street/Road, Village/ Town/Mohalla, Thana, Post Office, Tehsil and District
(aa)			
(ab)			

(c) I am married / unmarried.

(d) I hereby certify that I am not involved in any civil/ criminal case.

OR

I was involved in following cases but was acquitted :-

(i) _____

(ii) _____

OR

Following court cases/FIR are pending against me :-

(i) _____

(ii) _____

(e) **Consent Cert.** I am below 18 yrs and my parents give their consent, for attending the Army Recruitment Rally. (if applicable).

Sig of Father _____.

Appendix 'B' (Contd....)

(f) I am authorized to attend UHQ rally because I am son / brother of No _____ Rank _____ Name _____ Regt _____ .

(g) I hereby certify that I son of No _____ Rank _____ Name _____ Regt _____ am eligible for claiming bonus marks as none of _____ my brothers have been enrolled in Army earlier / I am not eligible to claim bonus marks (Cut whichever is not applicable).

2. I am aware that there is only one recruitment rally conducted in a recruiting year (01 April to 31 March) for every district and therefore I am entitled to attend only once every recruiting year from my hometown district based on my nativity/domicile certificate. I fully understand that if I attend another recruitment rally in the same recruiting year, based on a different district Nativity/Domicile certificate, my candidature will be cancelled and if enrolled, I will be dismissed from service.

3. I am attending this recruitment rally based on the Nativity/Domicile certificate issued by _____ (mention the state government), details of which are as stated below :-

Ser No	Cert No	Date of Issue	Validity	Issuing authority
(a)				
(b)				

4. Details of nativity/domicile certificate held by me in past (if any) are as stated below :-

S/No	District	Issued by	Issuing date	Present status (Valid/Expired)
(a)				
(b)				
(c)				

5. I hereby certify that till date I have attended the following Army Recruitment Rallies:-

S/No	Recruitment Rally Venue	Army Office	Recruitment	Month and Year	Category Applied for	Nativity/Domicile Certificate Address used
(a)						
(b)						
(c)						

6. I give an undertaking that all documents submitted by me are correct. All documents issued by govt organisation/ offices have been signed by authorized designated and govt officials. If any document at any stage is found fake or wrong information is furnished by me, I am aware that I will be dismissed from service and FIR will be lodged against me.

(Signature of Notary)

(Signature of Candidate)

Appendix 'C'

{Refer Para 5 (f) of Rally Notification}

MEDICAL CERTIFICATE COVID-19 FREE/ ASYMPTOMATIC CERTIFICATE

I, Dr _____ of _____ (Name of Government Hospital) is a registered medical practitioner and holding medical license registered number _____ have examined Mr _____ S/o _____ on date _____ 2021 and have found Mr _____ free from the following diseases : CORONA VIRUS, Diseases – COVID 19 currently asymptomatic.

Dated :

Stamp of Government Hospital _____

(Signature of Doctor with stamp)

Dr _____

Government Hospital _____

Sector _____

Tehsil _____

District _____

State _____

PIN _____

Note:- Asymptomatic certificate should have proper stamp of Government Hospital and Doctor with Registration Number of Doctor.

NO RISK CERTIFICATE

It is certified that Mr _____ (Name) Registration Number _____ a candidate for **recruitment rally**, hereby certify that I have no COVID-19 symptoms. I fully understand that travel to rally venue is at my own risk and I or my parents/ guardians shall not be entitled to claim any compensation or reconsideration for participation in the same rally or any other relief from the Government if I am infected with COVID-19 during my transit or during my selection process in the rally.

Date :

(Signature of the candidate)

COUNTERSIGNED

Place :

(Signature of Parent/ Guardian)

Name _____

Date :

Complete Address

Appendix 'E'

{Refer Para 2 of Rally Notification}

STANDARD WEIGHT CHART

Standard for Weight. Weight for age and height chart will be standard for all categories of personnel. The Chart is based on Body Mass Index (BMI).

<u>Age (Years)</u>	<u>Minimum Weight for All Ages</u>	<u>Age 17 to 20 Years</u>	<u>Age 20 + 01 days to 30 Years</u>
155	43.2	52.9	55.3
156	43.8	53.5	56.0
157	44.4	54.2	56.7
158	44.9	54.9	57.4
159	45.5	55.6	58.1
160	46.1	56.3	58.9
161	46.7	57.0	59.6
162	47.2	57.7	60.4
163	47.8	58.5	61.1
164	48.4	59.2	61.9
165	49.0	59.9	62.6
166	49.6	60.6	63.4
167	50.2	61.4	64.1
168	50.8	62.1	64.9
169	51.4	62.8	65.7
170	52.0	63.6	66.5
171	52.6	64.3	67.3
172	53.3	65.1	68.0
173	53.9	65.8	68.8
174	54.5	66.6	69.6
175	55.1	67.4	70.4
176	55.8	68.1	71.2